



Market Update: December 13, 2021

“Good things grow in Ontario”:

Macintosh Apples, Honeycrisp Apples, Gala Apples, Courtland Apples, Empire Apples, Northern Spy Apples, Gold Delicious Apples, Red Delicious Apples, Beets, Bok Choy, Napa, Cabbage, Celery Root, Cucumber English, Mushrooms, Onions (Cooking, Red, Spanish) , Hot house Tomatoes, Cluster Tomatoes, Parsnips, Micro Sprouts, Bean Sprouts, Red/Yellow/Orange Peppers, Potatoes (White, Yukon, Russet), Squash

Alert: Peeled Garlic, Broccoli

Fruit

Apples

Good availability on both Ontario and Washington apples as more new crop varieties become available.

Macintosh, Gala, Honeycrisp, Courtland, Empire, Northern Spy, Red and Golden Apples are available

Pears

Bartlett, Bosc and Anjou are available, Product from USA new Crop

Melons

We have good availability on honeydews and Cantaloupes from USA. Watermelons from USA are available with good volume.

Grapes

We have great quality on Peru Red and Green Grapes. Cotton Candy Grapes (very Limited) are SPO

Kiwi

Product of New Zealand. Golden Kiwi is now available Special Order only.

Citrus

Clementines

Product from Morocco, First of season, 5lb Cases now available

Oranges

Product of South Africa and they are quality is excellent.

Juice Oranges

Product from South Africa, Florida Juice oranges a weeks away (not enough color/ Sugar Content)

Grapefruit

Product from South Africa/USA

Lemons

Quality is good, Product of Mexico

Limes

Great Quality we have Switched to 48 count and 230 count only.

Pineapple

Excellent Quality, Product of Costa Rica, Price Has come down.

Berries

Blackberries

Market steady and good availability from Mexico.

Raspberries

Raspberries Quality and price will be good.

Strawberries

Strawberries product of Florida

Blueberries

Product of Mexico very good Quality, Great Pricing!

Vine and Tropical

Bananas

Product from Costa Rica and Ecuador, Price has come down but not to normal

Stone fruit

Now finished for the California Season, waiting for the Chilean Season to start now.

Avocados

We have seen a further slowing in harvest from Mexico. Product is coming in green and hard.

Pomegranates

Pomegranates from USA are available with good volume. And good sizing (Jumbo).

Mangoes

Mangoes from Mexico are available with good volume.

Vegetables

Broccoli

Moderate supplies as the US bunch market is getting active. Expecting strong market for a while.

Broccoli Crowns are available with limited quantities.

Cauliflower

Product is Limited product of USA

Cabbage

New Crop Local Red and Green Cabbage is now available, Savoy Special Order

Eggplant

Eggplant is now from USA/Mexico

Brussels Sprout

Product from Mexico, near the end of the season, waiting for new crop USA

Asparagus

Product from Mexico, back to 11lb Cases

Beans

Green Beans are Mexican now

Peppers

Yellow, Red and Orange Peppers Are Green House Grown, Green Peppers are product of USA/Mexico

Celery

Product of USA

Seedless Cucumbers

We are now into Ontario cucumbers. Looks like there will be good Ontario product from here on.

Lettuce & Greens

Iceberg Lettuce, Romaine is Product of Arizona Price is slowly coming down

Hot House & Cluster Tomatoes

Product of Canada, Cluster Tomatoes are SPO

Tomatoes

Grape Tomatoes, Roma Tomatoes are Product of Mexico.

All round tomatoes cost has come down Product of East Coast USA

Onion

Red, Spanish, White, Sweet and cooking Onions Now available

Squash

Local Squash Coming to an End Soon... all varieties available SPO

Carrots

Market remains steady with good quality, Product of USA

Corn

USA corn cost is still very high and very Limited this week

Zucchini

Product of Mexico

Potatoes

White, Yukon Gold Potatoes, and Russet Potatoes. **Bud the Spud has Started!!**

Good Buys

Local Yellow, and Orange Peppers

Blueberries

Local Radishes

Asparagus

Local Hot House Tomatoes

Local Cabbage

Local Squash

Red Onions

Spanish Onions

Sweet Potatoes

Jumbo Carrots

Bud The Spud

